



July 2023 Newsletter

Senior Spirit Contact Information

Senior Spirit's email address is: seniorspirit@wbr council.org

Senior Spirit's telephone number is 225-215-5290.

Senior Spirit's address is 235 Elaine Street, Brusly.

WBR Parish Senior Spirit (listserv@civicplus.com).

If you are having trouble receiving our newsletter via email, please call us.

**To view the newsletter online, please visit the W.B.R.
Parish website: wbrparish.org**



**HAPPY INDEPENDENCE DAY FROM
SENIOR SPIRIT AND PARKS AND
RECREATION!**

WBR July 4th Fest

The West Baton Rouge July Fourth Fest and Fireworks will be held, Tuesday, July 4 from 5:00pm to 10:00pm. The Rockin' Mozart School of Music Youth Bands will play from 5:00pm-6:30pm, then Foret Tradition takes the stage from 7:00pm-10:00pm. Fireworks begin at 9:00pm. All sorts of children's activities will be available such as, magic shows, water slides, space walks, and face painting. Come and enjoy great food, and all the excitement of Independence Day in Downtown Port Allen. It is free and open to the public.



Senior Center

This serves as a friendly reminder to please maintain the Senior Center after its use. The custodians only clean the center once a week, so it is our responsibility on the other occasions, to clean up after each use. If there is something needing attention, please let Paige or Sonya know, or call Senior Spirit at 225-215-5290.

Let's Get Together

There will be a Pot Luck supper on Thursday, August 17 from 5:00pm-7:00pm at the Senior Center and is open to all Senior Spirit members. Please bring any casseroles, fruit or vegetable dishes, desserts, as well as any other items others would enjoy. To sign up, please call Senior Spirit at 225-215-5290 by August 11.



Guest Speaker on Elderly Protective Services

Older adults can be vulnerable to different types of scams. We have asked Darren Crochet of the Attorney General's office to speak on elderly fraud and potential scams which can target senior citizens, and exploit them for monetary gain. This free of charge educational meeting will take place on Thursday, September 21 at 2:00pm at the VFW Hall in Addis. To register, please call Senior Spirit at 225-

215-5290 by September 8.

The Date Is Set

The St John the Baptist Card Party will be held on, Monday, October 30, 2023, in the church's activity center. The usual variety of card games, as well as pokeno, and dominos games are welcome. There will be more information in upcoming newsletters.





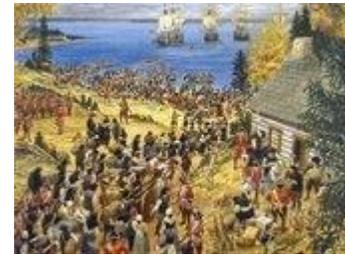
A Beautiful Celebration

Pictured are a few members of Senior Spirit, who along with over 20 others from St. John the Baptist Catholic Church attended the mass and reception for the 25th anniversary of Father Matt Dupre's Ordination. In 2008, along with Lucy Landry and Babs Babin, Father Matt, while pastor at St. John the Baptist, served on the original committee to form

Senior Spirit. Father Matt continues to support St. John the Baptist and Senior Spirit activities. Congratulations Father Matt on your anniversary!

Come Pass A Good Time

The WBR Acadian Heritage Celebration will be held on Sunday, July 23 from 1:00pm-4:00pm in the St. John the Baptist Activity Center. Warren Perrin, of the Acadian Museum of Erath, and "Defender of Cajuns" will be the keynote speaker. This fun day is free of charge and open to the public. There will be food, cajun music, door prizes, and ancestry displays, among other things. For more information, contact Billy Hebert at 225-200-5950.



WBR Genealogical Society

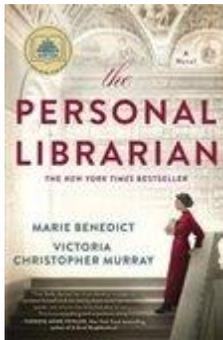
The WBR Genealogical Society will have it's quarterly meeting on Saturday, July 8 at 9:30am. It will be held at a new location, West Towne Assisted Living Community, located at 2104 West Towne Drive, Port Allen, LA 70767. A special speaker, Gayle Breaux Smith, will speak on the Breaux Family. Mrs. Smith and her husband have traveled extensively to discover information about the Breaux lineage. This meeting is free and open to the public.



Longue Vue Home and Gardens Bus Trip Information

Our New Orleans bus trip to Longue Vue Home and Gardens will be on Thursday, October 19, and there are still seats available. The cost of the trip is \$80.00 per person and includes a guided tour of both the home and gardens, and lunch at Porter and Luke's. We also plan to visit City Park if time permits. A

Hotard bus will depart St. John the Baptist Catholic Church parking lot at 7:00am to take us to and from New Orleans. The first 50 people who sign up will be eligible to attend this fun outing. Please call Senior Spirit at 225-215-5290 to register by September 15. Once registered, please make checks payable to Senior Spirit, and mail to Paige Currie, 3635 Allene Street, Brusly, LA 70719. You can also bring your payment to Dana Babin at St. John the Baptist Catholic Church office.



Book of the Month

The Personal Librarian by Marie Benedict and Victoria Christopher Murray is the suggested July book for the WBR Library Book Club. The club meets on the third Saturday of every month from 11:00am-12:30pm. This month it will be held on July 15. *The Personal Librarian* is the story of J.P. Morgan's personal librarian, Belle da Costa Greene. This black American woman was forced to hide her true identity and pass as white. Belle is hired by J.P. Morgan to curate a collection of rare manuscripts, books and

artwork for his newly built Pierpont Morgan Library. However, her secret is one she must protect at all costs. Belle is the daughter of Richard Greener, the first black graduate of Harvard and a well-known advocate for equality. The genre of this book is historical fiction, biographical fiction, and contemporary literature.



Bingo Night

Join in for an evening of Bingo, laughs and fun at the West Baton Rouge Parish Library. This event will be held on Tuesday, July 11 and Thursday, July 27. Arrive at 6:00pm for seating and refreshments, and Bingo begins promptly at 6:30pm through 7:30pm. Space is limited, so please register online or by calling 225-342-7920, Ext. 227

George Rodrigue Exhibit

The River is the Road, by George Rodrigue, is an exhibit at the WBR Museum, coinciding with the 10th anniversary of Rodrigue's death. It is the first of it's kind, and traces 45 years of the river in Rodrigue's paintings. This exhibit also explores the unique way Rodrigue used the river as a reference to his Cajun heritage, and ultimately as a metaphor for the journey of life. It is worth mentioning, he is the artist of the famous Blue Dog Series. The exhibit is currently underway, and will run through October 29.



WBR Parks & Recreation

Pickleball is played at the Port Allen Community Center every Tuesday morning from 9:00am-12:00pm or on Wednesday night from 6:00pm-9:00pm. Wear comfortable, athletic shoes. While some equipment is provided, you may want to bring your own. It's free and open to all WBR residents.

Museum Card Party

The WBR Museum will host a Christmas in July Card Party on Monday, July 24 from 10:00am-3:00pm. This fun event will be held at the WBR Community Center in Port Allen. Registration fee is \$30.00 and deadline to register is July 14. If you have any questions, contact Amanda Moak at 300-4374 or 336-2422.



Morley Marina Bands

Come dance and listen to live music every Sunday, 5:00pm-9:00pm, at Morley Marina along the Intracoastal Waterway in Brusly. This month's bands are:

July 2 - Raccoon Band
July 9 - Kenny Fife
July 16 - Magic Merlin
July 23 - Loose Change

Support Groups

The following are support groups in our area:

Alzheimer's Caregiver Support Group meets every second Monday from 10:00am-1:00pm at St. John the Evangelist Church, 57805 Main Street, Plaquemine.

Healing Hearts Grief Share Support Group meets at the Church at Addis each Thursday evening at 6:30pm. The church is located at 6781 LA Highway 1 South, Addis. Meetings are held in the Club 456 room.

Recurring Activities

Silver 'N Fit (Aerobics, Weights & Strength)

- Every Monday, Wednesday & Friday
- 9:00 AM to 9:30 AM
- WBR Senior Center
- Alice LeBlanc (225)937-1155

Bouree - Daytime

- Second Thursday of the month (**July 13**)
- 1:00 PM to 4:00 PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

Bouree - Nighttime

- Fourth Monday of the month (**Canceled this month due to WBR Museum card party**)
- 4:00 PM to 7:00PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

Bridge - Second Friday

- Second Friday of the month (**July 14**)
- 10:00 AM
- WBR Senior Center
- Lucy Landry (225) 749-2981

Bridge - Tuesday Night

- Every Tuesday of the month
- 6:00 PM
- Brusly Town Hall
- Helen Gossman (225) 749-3898

Corn Hole

- Tuesday of the month (**Canceled until the Fall**)
- 6:00 PM
- Alexander Park
- Sonya Boudreaux (225)772-0958

Competitive Team Bridge

- Fourth Friday of the month (**July 28**)
- 10:00AM
- WBR Senior Center
- Elisa Tubbs (225)456-7000

Mexican Cardinal Train Dominoes

- Every Monday of the month
- 1:00 PM
- WBR Senior Center
- Sue Gauthreaux (225) 454-2609

Hand & Foot Canasta

- Every Wednesday of the month
- 12:00 PM to 3:00 PM
- WBR Senior Center
- Julie Prejean (225) 776-4433

Pokeno

- Second Tuesday of the month (**July 11**)
- 10:00 AM to 1:00 PM
- WBR Senior Center
- Sonya Boudreaux (225)772-0958

Tripoli

- Third Tuesday of the month (**July 18**)
- 1:00 PM to 4:00 PM
- WBR Senior Center
- Virgie Fabre (225) 485-4358

Quilting

- Every Thursday of the month
- 9:00 AM
- WBR Senior Center
- Joan Sharon (225) 749-8327